



## **We Will Be Reopening Wednesday July 1<sup>st</sup>, 2020!**

Thank you for your understanding and patience the last few months throughout our closure. Through careful thought, consideration and planning, we will be reopening our facility on **Wednesday, July 1<sup>st</sup>!**

**Face masks will be required at all times while on premises.**

We will have a limited occupancy, so we are setting up and appointment system to help ensure no one is turned away at the door.

Please Visit [WWW.DRYADESYMCA.COM](http://WWW.DRYADESYMCA.COM) set a appointment.

## Health Screening Questions

How is the Y screening members entering the facility?

- All members will have a temperature check done before entering the facility as well as answer our wellness questions. IMPORTANT: If you answer YES to any of the following questions, you should not enter our facility:

1. Are you currently experiencing:

- A fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever.
- A new cough that cannot be attributed to another health condition.
- New shortness of breath that cannot be attributed to another health condition.
- New chills that cannot be attributed to another health condition.
- New muscle aches that cannot be attributed to another health condition or specific activity (such as physical exercise)

2. Have you been exposed to a COVID-19 case in the prior 14 days?

### What Is The Y Doing To Keep Me Safe?

- **Traffic Flow-** Members must enter at our front door entrance and exit at side door. We will regulate one way traffic flow where possible.
- **Temperature Checks-** Staff and members will receive temperature checks before entering our facility.
- **Why Are You Taking Temperatures?** What happens if my temperature is over 100.4?- We are taking temperatures as recommended by the CDC to ensure

anyone with a fever does not enter our facilities. If your temperature is over 100.4, you will be required to leave the facility and return after being symptom free for 72 hrs.

- **Personal protective Equipment For All Staff-** All staff will be required to wear face coverings while serving members. Members are required to wear a face covering when at the facility EXCEPT when engaged in physical exercise or while training.
- **New Spacing-** We have marked off equipment that will not be allowed to support social distancing. We have also rearranged some of our environments to support this as well.
- **Cleaning-** We have deep cleaned the facility and updated our cleaning procedures.. You will see all of staff cleaning throughout the day to provide a clean and sanitized workout space.
- **How often is the Y and the equipment being cleaned?** Staff will clean and disinfect all high touch areas frequently . Members will be asked to clean the machines and equipment before and after use. Staff will clean the facility constantly. A deep clean of all areas within the YMCA will take place every night after closing.
- **Sanitation-** Hand sanitizer will be available before entry into the facility.

### **What Should I Bring With Me?**

- Workout towel
- Water bottle (drinking fountains will be closed at this time)
- Face covering
- Personal workout equipment (i.3 yoga mats, swim equipment, etc.)

### **How Did You Make Decisions About Your Safety Protocols?**

The safety and well-being of everyone in our community is our top priority. We are following all national, state and local guidelines for reopening. We've ensured our facilities meet the highest standards for cleanliness and safety, and we have modified our procedures and programs to facilitate safe social distancing practices.

### **How Are You Ensuring The Y Does Not Become Too Crowded?**

Members will be required to make a reservation prior to entering our facility. Members can reserve a lap swim lane and reserve access to the wellness floor. Reservations can be made 48 hours in advance.

### **What Safety Protocols Are Staff Required To Follow?**

- Staff are required to wear face coverings when interacting with members or other staff.
- All staff will have their temperatures checked as well as answer our wellness questions before entering the facility.
- All staff will be frequently cleaning and disinfecting.
- Staff are required to be trained on COVID-19 protocols.

### **Can I Use The Locker Room?**

- The only locker rooms that are available are on the first floor and are only for members that are utilizing the pool. Second floor locker rooms are not to be used except for use of the bathroom area and sinks for handwashing.

### **Facilities & Members Pt 1.**

- **What are your facility hours?** -During our soft reopening from July 1<sup>st</sup> – 3<sup>rd</sup>, the facility will be open as follows: Wednesday-Friday (8a-5p) and Saturday we will be closed in observance of the 4<sup>th</sup> of July. Hours may change in

future based on guidelines and safety. We will remain CLOSED on Sundays.

- **Are we providing facility tours at this time?** -Yes. You may reserve a time to tour the facility by contacting our Front Desk and speak to one of our Membership Service Representatives.
- **How will I know what areas of the building are at capacity?** -You will have to make a reservation prior to entering the building. Please check our website to do so.

### **What will be open during Phase 2?**

- Cardio Equipment
- Strength Training
- Lap Swim Only (by reservation only)

### **Facilities & Members Pt 2.**

- You will have to check in and out during Phase 2. You will also have to exit our facility out of the side door.
- All Lost & Found items will be discarded at the end of each night.
- No one under the age 16 will be allowed during Phase 2.

### **How Can I Stay Updated On Reopening Plans?**

- We will be sending out regular email communications to members. You are also encouraged to follow us on social media for immediate updates and changes. You can also visit our website ([www.dryadesymca.org](http://www.dryadesymca.org)) for our latest updated information.

### **What Happens If Someone At The Y Tests Positive For COVID-19?**

- In the event of a known case of COVID-19, we will investigate the case, alert the local health department,

and identify and isolate rooms as advised by the local health officials.

## **SPACES AND PROGRAMS OPEN DURING PHASE 2**

All Spaces and Programs Are Subject To Change Due To Updates From The Louisiana State Health Department.

- CARDIO EQUIPMENT
- STRENGTH TRAINING
- LAP SWIM

## **SPACES AND PROGRAMS NOT OPEN/USE DURING PHASE 2**

All Spaces and Programs Are Subject To Change Due To Updates From The County of Louisiana State Health Department

- MATS/RESISTANCE BANDS
- OPEN BASKETBALL
- 2<sup>nd</sup> FLOOR LOCKER ROOMS (except toilets and sinks)
- GROUP EXERCISE CLASS (including Spin, Water Aerobics and Boot Camp)
- ADULT GROUP AQUATICS CLASSES (individual/small group swim lessons coming soon)

**HELP US ALL STAY SAFE**



#### **TEMPERATURE CHECKS**

All members will have their temperature taken prior to entering the Y at our Safety Station tent. All staff will also receive daily temperature checks.



#### **WIPE DOWN EQUIPMENT**

Use the cleaning materials provided to you. Wipe down equipment before and after each use. Staff will also be monitoring and cleaning equipment throughout the day.



#### **WEAR YOUR MASK**

Masks are required while inside the Y, per local and state regulation.



**EXPECT REDUCED CAPACITY**

Per the Governor's guidelines, we will be operating at a reduced capacity. At times of full capacity, you will be asked to wait in a designated area until space is available.



**KEEP THE KIDS AT HOME**

Space inside the facility is limited. Make reservations for space, and make sure your child has on the appropriate personal protective equipment.



**STAY HOME IF YOU'RE SICK**

CDC and state guidelines encourage seniors and other vulnerable people to stay home.